The Inner Worlds

Why call them "Inner Worlds", those subtle worlds where our consciousness moves while experiencing the Astral Journey? We are outside of our bodies, and additionally, we clearly see a world obviously outside of us? We know that this experience is also referred to as an "externalization of consciousness."

In fact, we can externalize consciousness without being in an Inner World. This happens most often in what is called "Astral Travel". In this case, the experience remains on the level of Malkuth, and the world perceived is not the real Astral World, but the invisible counterpart of Malkuth where we are, or the astral counterpart of the Earth. (See article The Tree of the Sephiroth, "The binary system in the Tree of the Sephiroth").

It is obvious, then, that the externalized consciousness is no longer prisoner of the flesh. The Veil (V3) that hid the invisible consciousness has been raised. However, consciousness perceives only things from its own level, in general, as was already said, the hidden part of the Earth.

Therefore, as in the above case, even if there is movement of consciousness there is no change in the level of self-consciousness. That is why we cannot yet speak of an "Inner World".

We'll try now to explain how the perception of the Invisible Worlds will gradually become an inner perception.

In many places, we have said that "the density of space-time" is consistent with the density of the world considered. As the level of consciousness rises - a fact that is not necessarily related to its externalization - it fits on a more subtle world than the previous one and therefore also a more subtle space-time.

The world where we are (the 10th world) belongs to duality, and perceptions here are only a function of time and space. On the time level, considering a series of events, perception is always discontinuous. It is that of a succession; indeed, the perception of two events or more offset in time cannot be simultaneous. Similarly, in space, objects distant between themselves (apart) cannot be perceived, optically speaking, in the same unitary perspective even if they are very close.

Little by little, as consciousness rises, the space-time duality fades. Gradually, the sequence of events approaches simultaneity; and the space-obstacle is reduced to a "union". When the phenomenon approaches Eternity, then the Expression is that of a "point", both Space and Time. All is One.

During the Return, this phenomenon is progressive and very slow. Progressively space and time "dilute" to stop being obstacles, and the faculty of perception extends consciousness. One World is perceived as "Interior" only when consciousness extends enough to include it.

Let's try to go further. The externalization of consciousness is not the Initiation and, conversely, the Initiation of consciousness does not imply its externalization.

In Initiation, the level of awareness is rising and permits the perception of the Invisible Worlds. First exterior ones in the first contacts. This perception becomes internal only when one's consciousness has gradually become accustomed to the level reached. We add that external perception does not necessarily imply an externalized conscience.

Regarding the three lower worlds, those of the lunar Astral (Yetzirah), namely Yesod, Hod and Netzach, their initiation can lead in the best case - and this is not a general rule – to an inner perception including Assiah and Yetzirah. Most often, however, the "lesser density" of the space-time of these worlds is still insufficient, and their perception remains external.

When consciousness passes the Veil of Paroket, also called Veil of the second death (V2), it allows, in our Inner World, the internalized perception of the solar Astral.

Then, for the Universe to enter in our Inner Worlds, contact with the upper part of Binah will require that consciousness cross the Veil of Eternity (V1).

The difficulty for the student at the beginning of the Path to grasp the content of the term "Inner Worlds" is that these worlds cannot be understood on the level of the Earth since it is the extension of our consciousness during our elevation which "locks these worlds into us."

It is the slow work of approach carried out on the Path that will tear the different Veils.

Ora et Labora

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