

Exercise on the Point

The diagram below represents the ten steps of condensation of the energy in nature and in man, along with ten levels of consciousness.

WORLD OF ARCHETYPES	UNITY OF UNIVERSAL CONSCIOUSNESS	UNITY	1	.	
			POTENTIAL DUALITY	2	☉
				3	♁
SOLAR ASTRAL WORLD	TRIPPLICITY OF CONSCIOUSNESS		4	♃	
			5	♂	
			6	☼	
LUNAR ASTRAL WORLD	TRIPPLICITY OF CONSCIOUSNESS		7	♀	
			8	♁	
			9	☾	
PHYSICAL WORLD			10	♁	

Level **1** symbolizes unity and is represented by the point. Level **2** symbolizes the potential duality, the infinite energy preparing to be dual. From the **3rd** level down, each is assigned an astrological symbol whose energies are in resonance with those of the level in question.

On each level, or center, the experience of inner contact is possible (*see the Qabala and General Esotericism lessons*).

The first level is the furthest away from the tenth, physically speaking where we are. At the same time, it is the closest to our level in consciousness because both proceed from a unitary state of consciousness. All other levels stem from a triple state of consciousness as the shown in the diagram above.

This common point on the unity of consciousness is what we are interested in. Indeed, thanks to this common quality, from level **10** we can contact the level **1**. This experience is all the more rewarding since level **1** is a mine of information.

Let's say right now that this contact is possible even for people who do not do any esoteric work.

In our opinion, contact with level **1** cannot occur more than three times in one incarnation (*see General Esotericism Lesson 12 - Appendix 2*). Just as it happens, it triggers in us the phenomenon of omniscience and omni-consciousness. In a sense, we have at this moment an experience of our Becoming.

Then, back in our physical world we are first imbued with the fact that we know that we knew, and conversely, we also know that we no longer know. However, we bring back the memory of this state of Universal Consciousness and Eternity, a state which has been overshadowed during our involution. There also results a rise of our "Universal Love" because every time, during each Journey, a faculty of ours that had been asleep during the night of the Involution Time has been awakened.

We believe that this experience has no earthly time span, otherwise, given the very high vibrational level where it takes place, the physical body and the psychic body from **9** to **4** inclusive would be destroyed.

For those interested, there is a process to facilitate contact with level **1** (*See also the article: "The Contact of Eternity"*).

Way to proceed

- Go to the oratory, sit facing the mirror.
- Light a single candle, placed so no reflection nor bright point appears in the mirror.
- Do not be cold.
- Identify a point at the center of the mirror.
- Wait for the mirror to go "black" (it becomes darker through a series of concentric pulses).
- When the lighter pulses appear, focus so that the light appears only in the center of the mirror.
- Efforts must be made to feel inside this point.
- Do not exceed 10 minutes, regardless of the outcome.
- Close the oratory as usual.

To our knowledge, the experience of contact on level **1** never comes while working in the oratory. In fact it is the preparation phase. The experience takes place later, generally in broad daylight. A sign that tells it is coming is that in the mirror the point becomes so bright it appears black.

It should be noted that this method is valid only for level **1**. In this regard, the ancients said center **1** is the nearest center to center **10**.

Consequences of the Experience of the Point

We now know a small but significant number of people who went through the experience called the "Point" or Eternity.

Undoubtedly, this experience is a major one during an incarnation, particularly for those who more wrongly than rightly think "this is the last incarnation". The "end" in this world, is a distant illusion for all.

We have no absolute rule to trigger this experience but it is likely to be favored by some work.

If we are in the right conditions, and if this experience is useful to our Becoming, it will be granted by the Invisible (our Inner Self). The idea of a certain favoritism or divine grace is totally wrong. Everyone gets only what they deserve, or what is necessary to take charge of their Becoming.

The energies that authorize this experience are of the domain of Binah (or Saturn) and correspond in matter to the cubic system crystallization.

We have already explained that invoking these energies could be done properly only on Saturday. Invoking Binah energies is only possible after the preparation of Kether and Chokmah before sunrise, and this invocation itself must be done when the sun crosses the horizon.

The invocations for these energies are described in the lessons so we do not repeat them here, but we must say that the most favorable moment of contact is the **1st** hour in the second cycle of the Planetary Genii, or the **8th** hour after Sunrise.

You can then increase your "resonance" with various symbols placed in front of you: a cubic crystal galena or natural sea salt, the Fool card of a Marseille Tarot deck or the planetary symbol of Saturn.

The experience will probably not occur at that moment, but an immense fatigue will overwhelm you, like a deep feeling of illness, perhaps even a feeling of great physical weakness. Above all, do not react, stay in this state, without any external intervention (therapist or friend); an experience of the highest level - the experience of your life - is brewing. This physical condition that I experienced several times lasts a week, rarely two.

"Healing" is sudden and occurs around Friday at noon. The experience takes place in the night of Friday to Saturday or on Saturday in the wee hour. Please note, you will be crushed by the space-time, but an overwhelming feeling of Universal Love will comfort you without making you tired.

Silence - Silence - Silence.

Gradually, as space-time becomes bearable, you will be aware that a special faculty was opened in you, "a gift from the Grandfather."

Beware: remember no one can "demonstrate the doctrine through miracles." The violation of this rule results in a rupture of the connection. However, as the Fama Fraternitatis texts state, and confirmed by our own experience, once a year and with discretion this rule can be broken.

Should we explain to others the greatness, the absolute of this Experience?

First, these states of consciousness are indescribable in the language of the Earth. If the experience is great for the person who lives it, it is terrifying to the uninitiated because then at that moment:

"Everything gradually melts into the Unity of Universal Consciousness "

The Eight and Unity

One of the keys of the Experience of Eternity is number **8**.

In our material world, **8** can be separated into an upper zero and a lower zero.

The upper zero is the quintessence of the spiritual aspect of the four elements. The lower zero is the quintessence of the material aspect. A vertical symbol **8** is that of the activity for the manifested world.

The lying eight ∞ , infinity, is the symbol of rest and passivity. The vertical **8** creates the elements, the structures for the passivity of Eternity.

Let's imagine our **8th** hour - that of the Planetary Genie - a gigantic **8** bigger than the solar system, and visualize it spinning in a clockwise direction. The spiritual zero will then go on the column of Mercy of the Tree and the material zero will go on the column of Rigor.

A remark that in this rotation, the spiritual energies descend into the manifested world and the physical energies rise through Rigor to the spiritual.

Good luck with the experience, and especially for what it will reveal.

Clarification

The Experience of eternity leaves an indelible mark in us. By contrast, perceptions prove highly volatile. The interpretation by our Earth consciousness of the phenomena of a very different level should be written down (as we recommend for dreams).

Memories produced by reading notes or through meditation are not a new Experience of Eternity, but a "re-surface" of the interpretation of these phenomena.

A topic of particular interest in this area concerns states of consciousness of mineral and plant kingdoms, which may then resurface. Recollection of these states of consciousness, when self-consciousness was not yet been reached, shows the immense length of the path already trodden.

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