

Descent of Energies

The First Energy, or Prima Materia, is a unitary energy that differentiates Level 3 from Level 4 (see Figures 1 and 2). It provides on one side the Energy of Life (EoL), and on the other side the Energy of Matter (EoM). In Alchemy, we say that the EoL belongs to the volatile, and the EoM belongs to the fixed. In Qabalah, we say that the EoL belongs to the spiritual realm, while the EoM belongs to the world of matter.

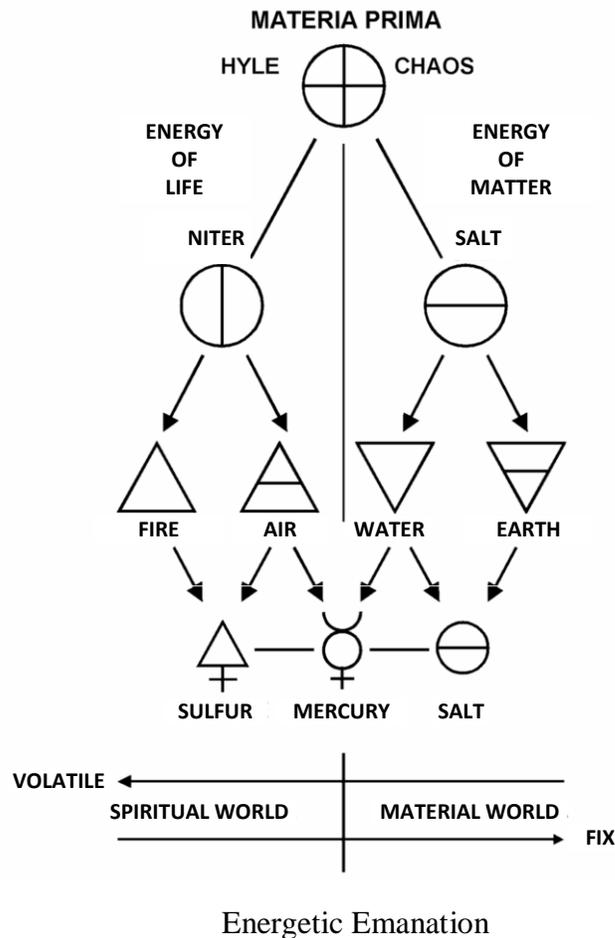


Figure 1

Regardless of the path chosen for personal Initiation, we must strengthen our energies in the field of Life and wherever possible rebalance them.

Always remember we cannot destabilize the energies of nature without having to rebalance them sooner or later. This brings physical and mental disorders. The only energy man can handle safely is that of level 1. At this level energy is infinite, and man does not disturb it by removing the amount required for his inner work.

Figure 2 shows the 10 stages of densification of energy in Nature and in man. The energy is symbolized numerically and geometrically. In 1, 2, 3, it is represented by a circle because these levels are the domain of infinity. At levels 4, 5, 6, 7, 8 and 9, the energy is represented by triangles pointing down, because at these levels energy belongs in the domain of the finite. Energy descends to the densest world of matter, level 10. The square is the receptacle of energy. At this level, our physical body is the gross cubic stone.

Suggested exercise

- Imagine the Figure 2 diagram sticking to the spine, the base is level 10. However, place level 1 above the head.
- As soon as you can visualize this, picture a fluid, as subtle as possible and transparent, flowing from 1 to 10.
- Pause deliberately in each receptacle; extend it between levels 3-4, 6-7, 9-10, the passages represented by a bold line in the diagram. Between 3 and 4, the energy moves from the Infinite to the finite solar World. Between 6 and 7, it moves from the solar World to the lunar World. Between 9 and 10, it passes from the lunar World to the World of Earth.

When this exercise is mastered, then we can strengthen some levels that are particularly more disturbed than others, either through rituals of Qabalah or by elixirs prepared in Alchemy.

The exercise - when mastered - generally can be used in periods of weakness or despondency. In such cases visualize the fluid transparent at first, then red from level 4 down to level 10. The first time, start the exercise with a pale pink and darken the color with time.

In times of overexcitement, tendency to anger, or short fuse, proceed in the same way but by using the color green.

It is not recommended to do this exercise more than once a day.

Note that in the diagram numbers can be replaced by other polygons, symbols, astrological signs, Hebrew letters, etc.

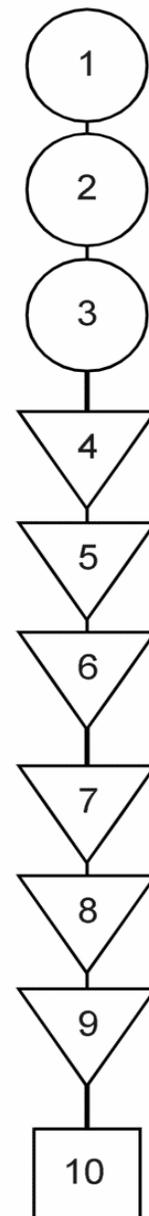


Figure 2