

## The Contact of Eternity

Among possible inner contacts there is one we haven't talked about much, the contact of Eternity. It is difficult, almost impossible to express the state of the All included in Eternity, namely the upper three Sephiroth, levels 1, 2 and 3. (*see "Man and the Universe" in the General Esotericism lesson*).

In our temporal world (level 10), consciousness is accustomed to time, space and shape. We cannot properly express a world where there is neither time, space nor form, where there is only Energy and Eternity.

Contrary to popular belief, quite a few people have had the experience of this higher state of consciousness. Some claiming to have contacted Eternity, while others claim having experienced the "Point". All agree on the fact that they are unable to describe the experience. They can only say that they "are", at that time, a conscious point of the Whole.

In general, there is little downside to this experience if not feeling overwhelmed by the space-time of the Earth upon the "return". Nonetheless, inconvenience may arise from people inexperienced in the esoteric or unaware of this subject. They may manifest a difficulty integrating into everyday life the revelations of such a high level contact. This often results in antisocial behavior that only an Initiate could limit by a restoring life balance.

To our knowledge, there is no systematic method to achieve the contact of Eternity. However, to enhance the chances of it happening, it is possible to create an internal state, for example, by the ascending meditation on the regular polygons. [*Note: after writing this article Jean Dubuis subsequently presented such a method in his treatise "The Contact of Eternity" ]*

We begin with the 10-sided polygon, to continue with the 9-sided one then the 8 and the 7. For each we will choose the polygon whose points are the most acute.

For the hexagon we will choose the figure of two interlaced triangles. Then, comes the pentagon and the square completing the first part of this series. These seven polygons, corresponding to the seven lower Sephiroth (levels 10 through 4) are to be drawn in black on white, sized 15 to 20 cm (5 to 7 inches) wide.

The triangle (level 3), points upward, the vertical line (level 2) and the point (level 1) are drawn in white on black. The point will be 4 to 5 mm (1/4") in diameter.

The duration of meditation on each of these drawings and the duration are left to the inspiration of the practitioner.

If we use the knowledge of modern science and apply it to the various invisible worlds (those from 9 to 3), we will draw some interesting conclusions.

First, we must not lose sight of the axiom, "what is above is like what is below."

Considering the descent of consciousness in the Sephiroth (10 levels), inner experience shows that three phenomena evolve simultaneously on each level:

- The energy decreases,
- The density increases, and the
- Space-time becomes denser.

These three aspects are moving further away from the Primordial State where Infinite and Eternity reign. During the ascent of consciousness into the inner worlds 10 through 1, these phenomena evolve the other way.

Science says that there is a link between energy (E), the mass of a body (m) and the speed of light (c)

$$E = mc^2$$

The contact of the first astral World (lunar) shows that the energy is great there, and density and mass are very low. This implies that the speed of light is greater there than in our world.

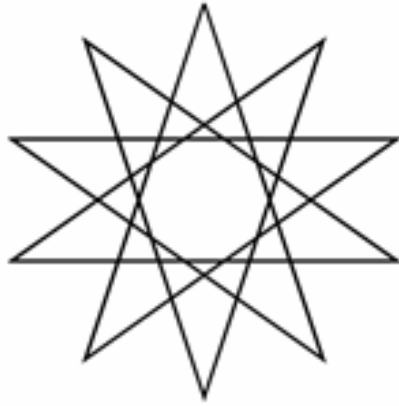
We are led to think that the space-time relationship in this world is different from our own because of the greater speed of light. It is likely that with the rise of each inner world (level or Sephirah), the speed of the light increases and therefore space-time gets closer to Eternity.

If in Unity (level 1), the speed of light becomes infinite, space and time disappear. Everything is then reduced to a point, because in this case no time is needed to cover distance of any kind.

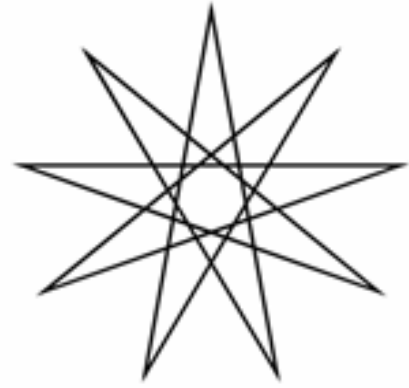
Therefore one might conclude that the Unity creates Duality, simply by "breaking" the infinite speed of Energy.

Let's hope these reflections and the exercises proposed herein allow others to experience the "Contact of the Point ". This Contact allows the person who has lived through it to be conscious of his own Becoming – that is, when one has completed all work in the Worlds of Duality.

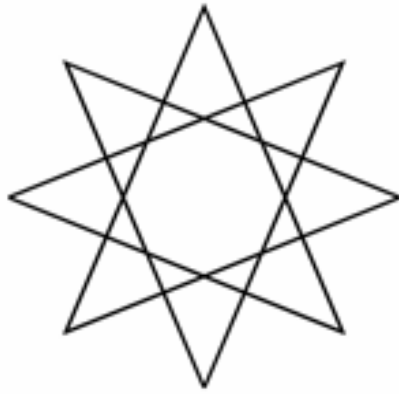
Jean DUBUIS



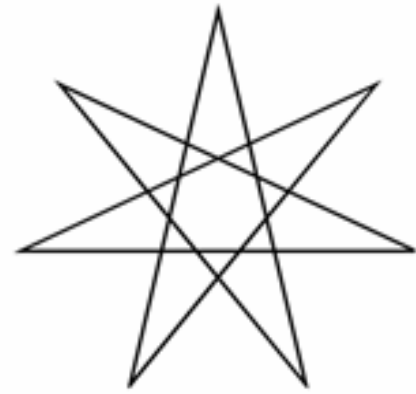
**Decagon**



**Enneagon**



**Octogon**



**Heptagon**