

## **Spiritual Help**

### **Individual and Group**

Concerning spiritual help, we must try to work alone. Through the lessons we have the tools and advice needed to achieve by ourselves an individual initiation, which is still the best medicine to cure one's problems.

We always insist on the individual nature of initiation because it is said that one presents himself alone at the gate of the Temple. True initiation is a conscious contact with our Higher Self alone. Obviously, this contact only concerns oneself since the conversation between the little king of the Earth and the Great Invisible King is private and, therefore, must remain secret in the noble sense of that term.

One who "knows" how to help others performs his spiritual help work alone. In this action, we must remember two things: one, we cannot go against "Cosmic Intent", which we often call the Becoming of the being. The other, in the 10 levels that shape us (see the Tree of the Sephiroth), the laws of nature are inviolable. For example, if in this world (10th level) we want to make an electrical installation without considering the laws of electricity, the operation will be impossible. Similarly, in the Invisible, if you want to carry out various projects, you must remain consistent with the laws in each of the 9 underlying levels.

Let's go back to the one who will practice spiritual help. First, he establishes contact with his Higher Self to "grab His attention" on who to help. The information being transmitted, the Higher Self needs no further data to operate. If given additional data, He will take no account of it or not function effectively if the data is too abundant.

We must respect the rule:

- a) state the problem in a clear and neutral manner,
- b) seek the solution according to the equilibrium of the Universal Balance.

And that's all. There is no specifying the nature of the solution because only the Higher Self knows what is best for the individual.

The Higher Self of the help-operator will establish contact with the Higher Self of the person to be helped in Tiphereth (the heart center). Experience shows that very often the little me of that person to be helped perceives this contact as a dream. That person's Higher Self will then act on the energy of the Sephira which is source of his troubles. In the field of re-harmonization, Tiphereth may contact any Sephira of duality.

For information:

- On Binah (although in Unity, it is at the limit of this duality) for bone problems,
- On Chesed, for money or dealing with our Becoming,
- On Geburah, for weakness or depression,
- On Tiphereth for health problems,
- On Netzach, for couple issues or venous circulation,
- On Hod, for matters of commerce or problems of liquid
- On Yesod, for intellectual or sexual problems.

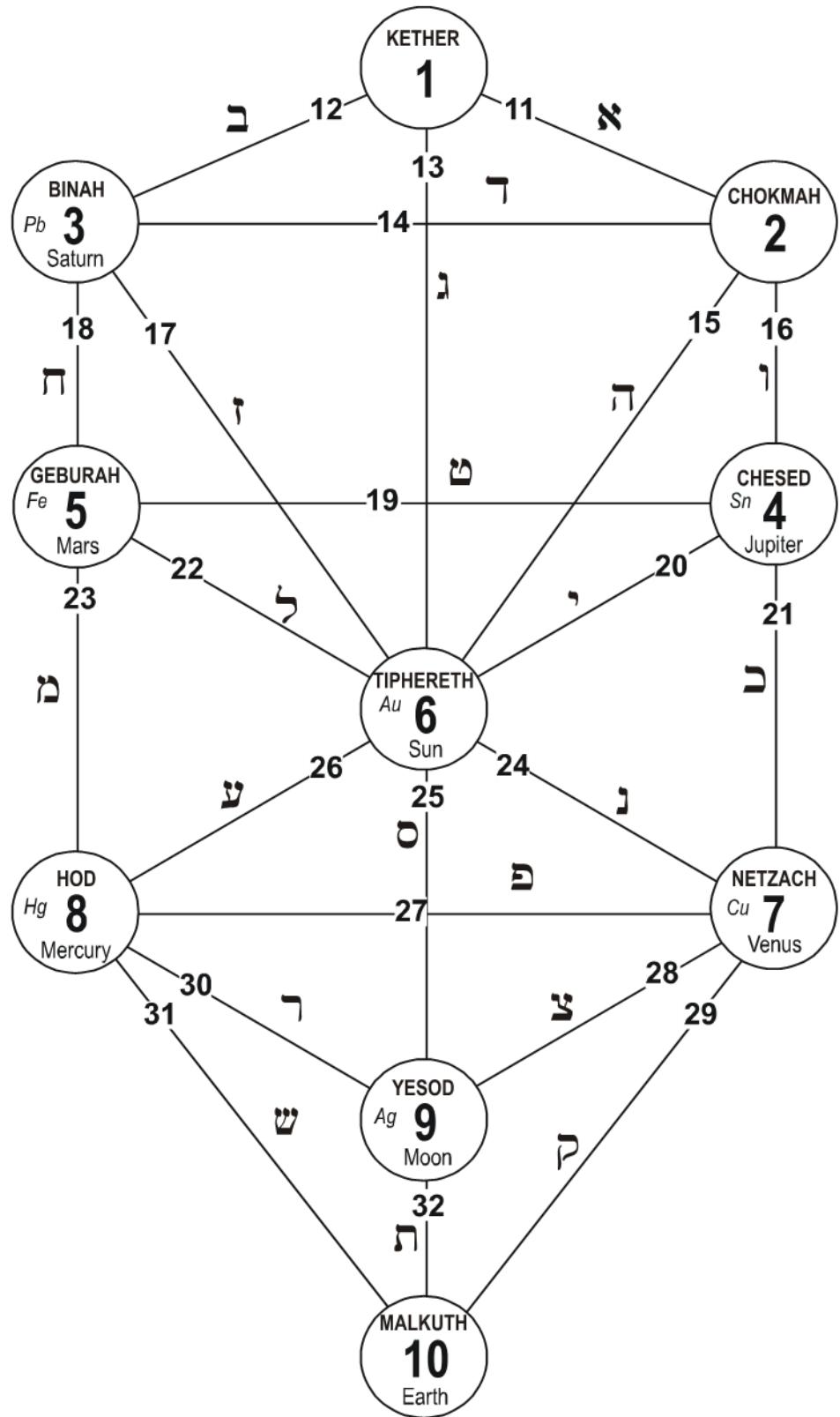
The choice of these levels is solely the responsibility of the Higher Self, not the small self on Earth. The solution will be adjusted according to the degree of Realization of the person and can never be contrary to the person's Becoming.

Spiritual assistance is only possible if the helper is on the Tiphereth level, the Sephira which is in direct contact with the world of Unity (levels 1, 2 and 3). The Infinite Energy (Primal Energy), drawn in Kether and down level by level, then causes a re-alignment effect in the Sephira invoked.

We said this work is led by a single person. Indeed, one whose heart center (Tiphereth) is awakened has the power to act alone. He does not need a group because from this level, the combination of two, three or more "Higher Selves" has no more effect than one. We are no longer dealing with quantity. However below Tiphereth it is different. This allows us to now turn to the famous work of group help that has more and more followers.

We all know that churches, philosophical societies, and various groups, practice spiritual help attempts by bringing more people to meet either at the same time and same place; or if not the same place at least at the same time, each participant working at home. Followers are not lacking. More than one person, when the time comes, feels drawn toward others and is convinced of the benefit of altruism. But here, as elsewhere, it is desirable not to ignore the rules governing the operation of these groups.

When people gather for self-help work, an egregore is formed in the lunar Astral (levels 9, 8, and 7), usually in Yesod, rarely in Hod. This egregore feeds and strengthens through energies of its participants since it cannot be powered by the Top (at least by Tiphereth, we have just seen). The sum of psychic energies pooled increases the importance of the effect desired since in the lunar Astral energy is limited. In the best case, these accumulated energies provide access to contact with Hod, the MICHAEL healing channel. The same channel, RAPHAEL, in Tiphereth, is much more powerful. But it is impossible for groups to pass the veil of the second death that separates the lunar Astral from the solar Astral (levels 6, 5, and 4). In other words, Tiphereth is inaccessible. Consequently, no Inner Self can be called upon in these working groups, at least at this level, 6.



Let us add that the egregore works only through the channel of its organizer, its creator, who becomes the carrier of the energy made available by the participants. Therefore we must ensure the inner honesty of that person before engaging in a group. Indeed, we have seen some "guides" divert the flow of energy collected for reasons far less noble than spiritual healing. For all practical purposes, we will indicate some real risks. It is not forbidden to the student to be clear, if he ever wants to be a Knower.

We know from our experiences that in a group that uses the rendezvous in time, at a fixed time, the energy of its participants is focused only on consolidating the power of the leader. This person will use it at will. We can remember, for example, meetings for peace in the world where the psychic power of the egregore was diverted from its purpose to the benefit of the leader, banking profit we mean. The media reported a bit on this in their time. Let us remember that Hod is the Sephira of magic.

The consequences of these practices, while they are disruptive to the participants, are not necessarily severe for their psyches. However, there are cases where group participation can cause serious trouble in successive fallout. The working group led to the establishment of an egregore, kind of entity, whose members are now jointly liable, like the links of the same chain. The leader, therefore, pulls on the chain in the direction desired by the group, or by himself, for better or for worse. And we can see some fraternities going all the way to self-destruction. The battle of egregores exists and is very complicated between "fraternal" groups. This is not science fiction, some beings seeking only power. So, as a result, the settling of accounts of these associations always bring their members into trouble, at least, of a material nature.

We regularly stress the harmful consequences of "supposedly" spiritual work conducted in groups because too many participants were abused there.

We advise you to release yourself from any egregore you don't need. No doubt, one cannot avoid the egregore of one's country, one's family, etc. However, if you work in one of the groups - not many but there are some - where results occur (i.e. ritual healings), stay alert.

It is easy to understand why we do not offer psychic or ritualistic group work in L.P.N. We offer a personal work that aims to dissolve your own internal walls as soon as possible, and to prefer the company of RAPHAEL rather than MICHAEL.

Ora et Labora!

Jean DUBUIS.

